

# ***Eastern Track Challenge / Track Ontario Cup #3***

Saturday February 11<sup>th</sup> 2017 (U17/Jr & Para only)

Sunday February 12<sup>th</sup> 2017

Sat. 11am – 7pm

Sun. 9am – 7pm

Mattamy National Cycling Centre



## **Track Series**

**Technical Guide**

February 9<sup>th</sup> 2017

Version 1.7



Any questions please contact the OCA at 416-855-1717

## Registration Information

- This event is pre-registration only. Only UCI licensed riders can compete. Out of province/country riders are welcome, subject to availability. We reserve the right to restrict entry on this basis. Should a category fill up, priority will be given to Ontario riders, followed by out of Province riders. If you are uncertain about eligibility, please contact the office and we will put you on a waiting list.
- Registration is available online through CCN Bikes. You have until **11:59 PM Wednesday, February 8<sup>th</sup> 2016** to sign up. **\*Please note that there are caps on the number of entries for each event so be sure to sign up ASAP. There will be no day-of registration.**
- A rider may withdraw from an event prior to the end of registration and receive a refund. Refunds are subject to a non-re-refundable processing fee (variable based on transaction value) plus a refund administration fee of \$5 +HST.
- Once the registration period has ended, a refund will no longer be available unless a doctor's note is provided. If you withdraw from the event on the race day, you are not eligible for a refund and the rider is required to inform the Chief Commissaire to update the start list.
- **Given that the Flying 200m was replaced by sprint as a late addition, we will allow late entry for this event up until the close of registration/sign in. Please contact [jen.eaton@ontariocycling.org](mailto:jen.eaton@ontariocycling.org)**



Entry Fee(s)
1 <sup>st</sup> event \$35+HST
2 <sup>nd</sup> event \$20+HST (\$55+HST)
3 <sup>rd</sup> event \$15+HST (\$70+HST)
4 <sup>th</sup> event \$15+HST (\$85+HST)
5 <sup>th</sup> event \$15+HST (\$100+HST)
6 <sup>th</sup> event \$15+HST (\$115+HST)
7 <sup>th</sup> event \$15+HST (\$130+HST)

## Categories for the Eastern Challenge / O-Cup #3

\*U17 & Junior riders can only enter the events of their national category – not the provincial category listed on their licenses (no exception) \*

Endurance Events – i.e. Elimination, Scratch and Points

**Up to 24 per category**

<i>Category</i>	<i>Suggested Seeding*</i>
Cat 1 Men	Elite and Master A (may include national or provincial champions)
Cat 2 Men	Master B and C
Cat 3 Men	Master D
Junior Men	Junior men
U17 Men	U17 Men

<i>Category</i>	<i>Suggested Seeding*</i>
Cat 1 Women	Junior Women & Elite Women
Cat 2 Women	Master Women
U17 Women	U17 Women

Sprint Events – i.e. Keirin

**Up to 28 entrants per category**

<i>Category</i>	<i>Grouping</i>
Men	Elite, Master
Women	Elite, Master
Junior Men	Junior men
Junior Women	Junior Women
U17 Men	U17 Men
U17 Women	U17 Women

Para Events – i.e. Kilo, Flying Lap or Individual Pursuit

<i>Category</i>
Para Tandem

## Notes:

\*Seeding - we will permit self seeding and will monitor and reserve the right to move entrants around based on O-Cup, Milton weekly racing results and 2016 Canadian Track Championships results for U17/Jr.

\* The only upgrade requests that will be considered are for 2<sup>nd</sup> year U15 rider (racing age: 14) wishing to compete in the U17 category. Upgrade forms are available by contacting Jessika Grand Bois, Track Coordinator – Cycling Canada ([Jessika.grandbois@cyclingcanada.ca](mailto:Jessika.grandbois@cyclingcanada.ca)). Upgrades will not automatically be granted; the application form will be reviewed by Cycling Canada and a decision will be communicated.

## Schedule

**\*Please note there will NOT be open training on the track before competition begins**

Day	Time	Event Progression
Saturday	11:20 AM	Para 500m/Kilo
		Individual Pursuit (U17 & Juniors Only) Top 4 move on to Finals
		Keirin Round 1 (U17s & Juniors Only)
		Para Individual Pursuit
		Keirin Repechages & Finals (U17s & Juniors Only)
		Team Pursuit (U17s & Juniors Only)
		Sprint Qualification - Flying 200m (U17s & Juniors Only) Top 4 move on to semis – 1 ride only Finals will also be 1 ride only
Sunday	9:05 AM	Keirin (Elites and Masters Only)
		Scratch Race (All categories)
		Elimination Race (All categories)
		Points Race (All categories)

**Start Lists & Results will be available at [racetiming.ca](http://racetiming.ca)**

## Distances

<b>Event</b>	<b>Category</b>	<b>Distance</b>	
<b>Individual Pursuit</b>	U17 Women	2 KM	
	U17 Men	2 KM	
	Junior Women	2 KM	
	Junior Men	3 KM	
	Para Tandem Men	4 KM	
	Para Tandem Women	3 KM	
<b>Team Pursuit</b>			
	U17 Women (team of 4)	3 KM	
	U17 Men (team of 4)	3 KM	
	Junior Women	4 KM	
	Junior Men	4KM	
<b>Scratch Race(s)</b>	Cat 2 Women	5 KM	
	Cat 3 Men	7.5 KM	
	Cat 1 Women (includes Junior Women)	7.5 KM	
	Cat 2 Men	7.5 KM	
	U17 Women	5 KM	
	U17 Men	7.5 KM	
	Junior Men	10 KM	
	Cat 1 Men	10 KM	
<b>Points Race(s)</b>	Cat 2 Women	10 KM	
	Cat 3 Men	10 KM	
	Cat 1 Women (includes Junior Women)	15 KM	
	Cat 2 Men	10 KM	
	U17 Women	10 KM	
	U17 Men	15 KM	
	Junior Men	20 KM	
	Cat 1 Men	20 KM	

\* Event distances and categories are subject to change based on number of entries or at the discretion of the OCA/Cycling Canada.

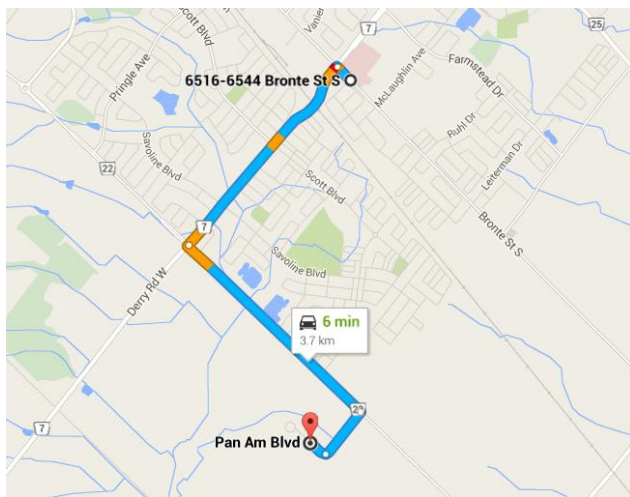
## Gear Restrictions

Track Cycling		
Age Category	Roll out Meters	Gearing suggestion
U17	7.12 meters	50*15

- If a rider has received an upgrade to race in the U17 category, the rider will be permitted to utilize the gearing applicable to U17
- Disc wheels will not be allowed for U17 (maximum rim depth 40mm)
- Carbon wheels will not be allowed for U17

## Course Safety

- First aid will be located in the in-field area.
- Below is a map to the nearest hospital.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you are no longer racing.
- You are required to wear an approved, regulation cycling helmet at all times while riding your bike.



### ○ Pan Am Blvd

Milton, ON LOP, Canada

- ↑ 1. Head southeast on Pan Am Blvd toward Louis Saint Laurent Ave  
130 m
- ↑ 2. Pan Am Blvd turns slightly left and becomes Louis Saint Laurent Ave  
350 m
- ↶ 3. Turn left onto Tremaine Rd/Halton Regional Rd 22  
1.6 km
- ↷ 4. Turn right onto Derry Rd/Halton Regional Rd 7  
1.5 km
- ↷ 5. Turn right onto Bronte St S  
130 m

### ● 6516-6544 Bronte St S

Milton, ON LOP, Canada

## General Rules and Regulations

- The races will be held under the rules of the UCI with CC and OCA modifications.
- The CC & OCA rules are available on-line at:  
<http://www.ontariocycling.org/commissaires/commissaires-rules/>
- The races are subject to the OCA's Operational Policies
- The OCA Operational Policies are available on-line at: <http://www.ontariocycling.org/about-ontario-cycling/forms-literature/>
- Riders must sign in and collect their numbers at registration which closes 30 minutes before the start of each day.
- This event is pre-registration only.

Any questions please contact the OCA at 416-855-1717

- An OCA representative will be present at the race to assist with rider licensing issues. We do not sell UCI licenses on race day. Please contact the OCA for more details.
- All riders (or parents/guardians) are required to sign the OCA and CC waivers, unless they have an OCA-issued license.
- Races will start promptly – riders late or missing their starts may be fined.
- There will not be a team managers meeting.
- Awards will be presented according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders must wear their competition uniforms for the presentation.
- In case of an accident spectators are NOT ALLOWED to cross the track, however, they can gain access to the infield through the tunnel.
- Only Licensed coaches and operational / event personnel are allowed in the infield / safety zone.
- Media personnel will require accreditation which can be obtained by contacting the OCA office or emailing [events@ontariocycling.org](mailto:events@ontariocycling.org)
- Team Pits will be pre-assigned by a representative of the OCA based on team registration numbers.
- Advertisements/signage in Team Pits are not permitted.
- Students at the Canadian College of Massage and Hydrotherapy will be onsite during the event offering complimentary massages to athletes. No advance booking is necessary but it is recommended that you chat with one of the students or the supervisor early in the event in order to determine when best to receive a massage as it relates to your individual race schedule

## Medals

- Medals will be awarded to the top three athletes in each category for each event. You must attend the awards ceremonies in order to receive your medal. Riders must wear their competition uniforms for the presentation.